# Guidelines Moving Forward with COVID-19

### Objectives

- Community Care Licensing & CDC (Center for Disease Control) Guidelines for reopening
- Office of Head Start recommendations
- PDN requirements
- Summary of what may be different
- Essential teachers and admin requirements from PDN

### New Practices and Expectations

New Practices	New Expectations
Drop off and pick up will be at the gate	Minimize Contact
Communication with families will occur via email or PDN's parent Facebook page	6 feet distancing and social engage from afar or via technology
Health Screening: temperatures should be taken at home and will be taken prior to intake	Screen children and staff prior to entry to building
Stabilize group: same 10 or fewer children	Maintain separate groups 1:10 PS
Exclusion criteria: COVID-19 symptoms such as 99+ temp, cough, difficulty breathing, etc.	Observe for COVID 19 symptoms
Hand hygiene: vigilant 20 second handwashing prior to entry	Hand washing at home prior to coming to drop off
Food Preparation and Nutrition: snacks & meals to be placed in individual disposable bag	No Family Style: individually served snack & meals
Physical Space: individual assigned space or barriers	Indoor & Outdoor time: children to remain separate 6ft. No use of shared materials/spaces
Staff Support: mental health days/workshops and relevant trainings required	Identify vulnerable groups, masks

### Drop Off and Pick Up Protocol

- Stagger arrival and drop off times
  - Reduced Hours and Days
  - Parents will be provided assigned drop off and pick up schedules
  - ► ED will determine schedule based on a number of factors including ability to follow guidelines and regulations for ECE facilities
- Plan arrival and drop off outside the facility
  - Drop off at gate (drop off time 2-3 minutes)
  - Sign-in/out: We will sign your child in and out to avoid sharing pens
- ► Limit direct contact with parents/guardians
  - > Parents to wear masks when dropping off and picking up
- School Shoes
  - ▶ Remove home shoes for drop off. Parents to provide school shoes only by the 1st day
- Refrain from hugs and shaking hand
  - ▶ This includes parents, children & staff

### Communication with Families

- ► Communication will occur mainly via daily sheet and Facebook page
  - ▶ Update emergency contact information for emails & text
  - ▶ Emergency/authorize pick up may have changed. Communicate that via text.
- Daily sheets
  - ▶ 1) Young infants: send text image to ED cell
  - ▶ 2) all ages daily sheet will be provided at pick up
  - ▶ 3) 2-4 pictures of activities conducted at PDN will be posted on our Pasadena Day Nursery Parent Facebook page weekly

### Physical NOT Social Distancing

- Stay 6 feet apart
  - ▶ Effort will be made to keep children 6ft apart both indoors and outdoors
- Social Engagement is important
  - Staff have taken trainings on distance requirements and engagement during COVID-19
- Keep physically distant but socially engaged!

### Goal: Reduce the Risk of Getting COVID-19

- ▶ We cannot stop the spread of COVID-19 at this time
- We can focus on health practices and lifestyles to reduce the risk of getting COVID-19

### Group Size: Stability and Ratios

- Ratios
  - State Licensing
  - Infants: 1:4 as per usual
  - Preschool: 1:10 until further notice
- Stability
  - ► Keep group size smaller than usual (10 children)
  - Children and staff should not change groups or mix groups
  - Assign groups their own room
  - ► Keeping siblings together, if possible

### Physical Distancing: Infants and Toddlers

- ▶ Infants under one year of age are more vulnerable when sick with COVID-19
- ▶ It is not possible to care for infants or toddlers from a distance
- We will provide clean smocks for staff who are working with infants for use primarily during feeding times
- As per usual we will change children's clothing when soiled with secretion or bodily fluids

### Daily Health Checks

- We ask parents to be honest about their child's health. This includes upset stomach, low grade temperature, etc. even when over the weekend.
- We will follow CDC/health department guidelines for days to exclude when exclusion is required. The strictest of policy will be followed by PDN.
- ► We will not admit children with fever (of 99.5+ degree F, cough, trouble breathing, rash, etc. following above guidelines as point of reference. We will continue to exclude children using our existing exclusion policy. Updated in our COVID-19 parent contract

### Three Screening Steps

### Step #1: Social/Physical Distancing

- Child temp. is taken at home
- Parent/Guardian confirm child does not have fever, shortness of breath, cough or other COVID-19 symptoms
- Visual inspection of child for signs of illness, including flushed cheeks, rapid breathing, fatigue or fussiness

### Step #2: Personal Protective Equipment (PPE)

- Staff will use PPE if within 6 feet of child or parents
- Staff will wash hands prior to entering, change shoes in locker area and wear facemask and possibly aprons
- Allocated intake screener will do the above and wear eye protection, disposable gloves, possible gown when screening.
- After screening, remove and discarder wash PPE, wash hands.

### Step #3: Barrier/Partition Controls

- Stand behind a physical barrio. Likely gate with plexiglass
- Make visual inspection of the child for signs of illness
- Conduct temperature screening
- Use gloves for each child unless using a noncontact thermometer
- Clean noncontact thermometer between each use, using rubbing alcohol as noted via regulations

### Physical Distancing

- Arrange furniture to give children more space
  - Children will have individual shelves/baskets indoors
- Windows will be open for ventilation
- If napping, cots and cribs will be placed (6 feet, if possible) with children facing head to toe
- Outdoors children will have individual assigned areas with individual materials, work and sitting space.
- ► Teachers may develop group activities which require engagement but children will continue to sit apart.

### Cleaning and Disinfecting Definitions

- Clean: to physically remove dirt, debris, and sticky film by washing, wiping and rinsing
- ▶ **Disinfect:** to kill nearly all the germs on a hard, non-porous surface

### Surfaces should be Cleaned or Disinfected

- Toys
- Bedding
- ► Floors
- Dramatic play clothing
- Cribs, cots, and mats
- Play equipment: structures & sand box will remain closed
- Refrigerator
- Tables

- Water bottles
- Door and cabinet handles
- Surfaces that have been soiled with bodily fluid
- Toileting and diaper areas
  - Changing table
  - Counter tops in bathrooms
  - Handwashing sinks
  - Toilets
  - Bathroom floors
  - ► At home: bottles

### Food Preparation and Mealtimes

- Meals from home or center?
- ► Teachers to wash their hands before preparing to distribute food and after helping children to eat
  - Sanitize food surfaces before eating
  - Children wash hands prior to and after eating meals
  - Seat children farther apart (6ft) at mealtime
  - Serve child individually
  - Wear gloves when serving food
  - NO FAMILY STYLE
  - PDN will provide snack
  - ▶ Parent to provide ready to eat lunch preferably with grain, protein, fruit/vegetable and beverage. NUT products may not be provided due to severe allergies of others at PDN. Nut products and candy will not be provided even if in lunch bag.

#### NO Shared Materials or Areas

- Areas will not exit as you have known them to be
  - No block area, no dramatic area, no library area etc. but rather children will each have a set of materials in a shelf or space.
  - Children that use sensory seeking objects will be provided individual sensory materials.
- Items not in use will be stored to rotate
- We will provide as much open space as possible
  - Preferably outdoors
- Items from home
  - Extra clothes, diapers & wipes. Bottles and pacifier for young infants if needed.
- ▶ Young infants will have materials that can be cleaned and disinfected easily

### Outdoor Physical Space & Activities

- Groups will be kept separated even outdoors
  - Yards may be rotated weekly
- We will attempt to provide more outside time
  - Weather and air quality permitting 75/25
- We will attempt to maintain distancing of 6ft between children
  - Designated spaces
- We will plan activities that limit close physical contact

### What May Be Different when PDN & EHS Programs are Operational During COVID 19?

- Ratios
- Physical distancing
- Vigilant hygiene
- PPE personal protective equipment
- Mask
- Exclusion criteria
- Daily temperature health check
- Space for all children and staff
- Serve children individually
- Supplies

### What is Required Before Returning/Starting?

- Be current with tuition
- Respond to survey (current parents by May 19<sup>th</sup>)
- Documents required one week prior to start date
  - COVID 19 enrollment contract
  - New food program forms
  - Updated emergency forms
  - Acknowledge and disclosure agreement
  - All other forms provided by PDN/EHS including but not limited to our enrollment packet
- Mandatory Town Hall one and two review of slides if starting after town hall date
- Dry run prior to first day see teachers & ED with PPE
  - This will be scheduled
  - ▶ A date & time will be sent to parents who are scheduled to return/start

#### Transition to School

- Children will start with limited hours as we reintroduce them to people outside of their home and our environment.
- ► Children will return/ start with a PT schedule to be determined by ED based on a number of factors for a minimum of two weeks. Parents will pay full tuition as we reintroduce children to the new normal.

### What if PDN closes again?

- Planning ahead with COVID 19 has proven difficult. Typically, parents hear about changes from governing agencies at the same time we do. We will continue to monitor the situation closely, as our priority will continue to be the health and safety of your family and our staff. If a teacher/child from a pod/cohort classroom becomes ill, we may need to close a specific classroom early or for the day as we make additional inquires. The health department may require we close for 2-4 weeks. In such case we may not know that a change will take place until the teacher/child presents COVID 19 like symptoms or the health department notifies us. No deduction in rate or refund will be given in such instance.
- In the event that PDN need to close due to COVID 19 reasons parents will be provided as much notice as possible. In the event we need to close again for an extended period we will charge 50% of tuition for two months as we offer and provide web-based curriculum Monday-Thursday excluding holidays and scheduled closures from approximately 9am-10am and 11:30am-12:15pm. If we close longer than two months we will evaluate and assess next steps. Donations in excess of the 50% tuition are much welcomed and appreciated.

## Q & A

Due to COVID 19 guidelines and guideline upkeep our ED may not be as available as before. Many questions can be answered by visiting our website. See our calendar, tuition, working through COVID 19 section, photo gallery, etc. You can also find useful information in your parent contract and our disclosure agreement. If you are unable to find the answer please inquire about scheduling a meeting with our ED.